



## **Invitation to Tender\* for Individual Self-Employed Contracted Counsellors**

### **YCT**

YCT is a charity that provides counselling and a range of other therapeutic support services to children and young people (plus their family/carers and those who work with them) across Essex, Hertfordshire and North London.

### **Background Information**

Since 1988 YCT has enabled children and young people to work towards brighter, happier futures. It provides 1:1 counselling to 5-25 year olds plus therapeutic support such as self-esteem and anxiety courses. This is delivered predominantly in education settings and outside of school/college hours in community-based locations. Project work is always being planned and this is increasingly being delivered in partnership with colleagues in schools, colleges and other children and young people's organisations.

YCT offers bespoke and tailored training to professionals and young people, supervision and counselling to professionals and consultancy work.

YCT continues to look at new ways of expanding its services both geographically and in the range of services it offers. It is an organisation focused on growth and development to ensure its sustainability and resilience to constantly changing external landscapes.

The YCT team currently includes 24 sessional contracted self-employed counsellors and therapeutic personnel, plus 7 staff members based in our centre in Harlow.

YCT has a reputation for being a quality organisation highly regarded by its stakeholders, but one even with growth that has retained its friendly, warm and adaptive approach. As an organisation YCT is an organisational member of the British Association for Counselling and Psychotherapy and all of its counsellors and therapeutic staff are registered with the BACP or equivalent.

### **Self Employed Contracted Counsellors**

We are now looking to recruit to our pool of caring, flexible contracted professional counsellors, in order to support our work as it expands. In particular we are seeking:

- BACP/UKCP (or equivalent) registered counsellors or counsellors who have completed at least 250 supervised client hours
- Counsellors who have experience of counselling children of primary and/or secondary school age, preferably in a school setting and/or experience of counselling young people aged 11-25 years in community or college-based settings
- Counsellors who have experience working therapeutically with children/young people systemically with their family members, such as through parent-child dyads
- Counsellors who have experience of delivering group work
- Applicants who will be available to offer appointments at school during the 'school day' and/or be able to offer counselling outside of these times including on a Saturday or evenings

\*The term 'Invitation to Tender' is used rather than 'Apply' to reflect the self-employed status of prospective counsellors.

YCT are committed to helping children and young people achieve and develop as individuals along with fulfilling their potential into the future. Further information can be accessed on our website – [www.yctsupport.com](http://www.yctsupport.com)

### Role description

<b>Fee Scale</b>	£24.00 per hour
<b>Location</b>	Based as required in primary and/or secondary schools, specialist schools, alternative education establishments, colleges and community-based settings in Essex, Herts or possibly elsewhere.
<b>Responsible to</b>	Clinical Lead
<b>Accountable to</b>	CEO
<b>Hours of work</b>	Variable
<b>Notice required</b>	6 weeks

We see this role to have a range of priorities: -

- Working to a professional code of ethics and practice to provide therapeutic counselling - referring clients on as and where appropriate
- In consultation with the Clinical Lead or in his/her absence the CEO, to liaise when appropriate with GPs, Psychiatrists, Social Workers, Youth Workers, Teachers, Tutors and other professionals
- To keep and maintain appropriate client records
- To undertake initial consultation and assessment of new clients
- To contribute to the work of the YCT, ensuring that its aims and values are promoted and adhered to
- To receive professional external supervision and undertake continuing professional development (CPD) in accordance with BACP/UKCP (or equivalent) guidelines

### Essential Criteria

Individuals must clearly demonstrate that they meet the following criteria:

- A qualification in counselling to a minimum of Level 4 diploma
- At least 250 supervised practice hours (including hours accumulated during training and within 2 years of completing a formal course in counselling)
- Be registered on the BACP Register of Counsellors & Psychotherapists or equivalent

Individuals must also:

- Have experience of working therapeutically with children/young people
- Have a clear understanding of their own core model of therapeutic practice
- In addition to the latter have an understanding of the Person-Centred Approach and its core principles
- Have an ability to offer strategies and techniques to address specific issues such as communication difficulties, anxiety or anger management difficulties
- An ability to keep and maintain appropriate client records
- An ability to demonstrate a commitment to valuing diversity

- Have an understanding of how current legislation effects counselling practice with children/young people, especially in terms of safeguarding children/young people and confidentiality
- Be able to arrange own transport
- Be able to work at various locations in Essex, Hertfordshire– possibly in other locations too

It would also be desirable if individuals have:

- Experience of counselling children/young people with Autistic Spectrum Disorder
- Experience in facilitating/help to facilitate group-work and/or training

**The tender format is as follows:**

- Applicants must demonstrate how they meet all elements of the essential criteria. Please note it is important to address each criteria listed above in your application
- Applicants must be able to demonstrate a flexible approach to service delivery
- Applicants must include a full and up to date CV accompanied by a letter of application and including 2 referees
- Applicants must include a copy of all relevant certificates
- Applicants must include evidence of membership/accreditation of BACP or equivalent body
- Applicants must include evidence of Professional Indemnity Insurance
- Applicants must include evidence of their right to work in the UK
- YCT will use the information supplied to score all tender applications- please see below
- Applicants scoring above 80 on the tender criteria will be invited to attend an interview

Copies of tender proposals should be submitted to [admin@yctsupport.com](mailto:admin@yctsupport.com) marked 'Tender – Counselling'

Any tender applications not including all information above will be discounted as incomplete and will not move to scoring.

If you require further information please contact the Clinical Lead on 01279 414090 or email [admin@yctsupport.com](mailto:admin@yctsupport.com) FAO Clinical Lead

<b>Award Criteria</b>	<b>Score out of 100</b>
A qualification in counselling to Level 4 Diploma standard or higher	<b>10</b>
At least 250 supervised practice hours (including hours accumulated during training and within 2 years of completing a formal course in counselling)	<b>10</b>
Have experience of working therapeutically with children/young people	<b>10</b>
Be registered on the BACP Register of Counsellors & Psychotherapists or equivalent	<b>10</b>
Have a clear knowledge and understanding of their own core model of therapeutic practice	<b>10</b>
Have knowledge and understanding of Person-Centred counselling	<b>10</b>
An ability to use other counselling strategies and techniques when appropriate	<b>10</b>
An ability to demonstrate a commitment to valuing diversity	<b>10</b>
Have an understanding of how current legislation effects counselling practice with children/young people, especially in terms of safeguarding children /young people and confidentiality	<b>8</b>
Be able to arrange own transport and work at various locations in Essex, Hertfordshire– possibly in other locations too	<b>4</b>
Experience of counselling children/young people with ASD	<b>4</b>
Experience in facilitating/help to facilitate group-work and/or training	<b>4</b>