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Service

YCT AND COVID-19

In response to the latest Government guidelines YCT have made the decision to close YCT house and provide telephone counselling to all suitable clients.

We are still accepting referrals so please contact us if you feel you would like some support with your emotional or mental wellbeing. Our priority remains the welfare of our clients, therapists and staff. All of our office team are still able to respond to any telephone or email enquiries.

If you have any urgent concerns about a child or young person's mental well-being please call 111 for guidance. For advice of how to look after your mental health at this time please visit

<https://www.justtalkherts.org/news/looking-after-your-mental-health-during-coronavirus.aspx>