



## **Velo YCT Charity Bike ride**

In May 2020 an AMAZING group of people, Boshanks Cycle Club will be cycling 140+ miles from Harlow to Amsterdam, to raise funds for YCT.

We provide FREE to access mental health support for children, young people and their families in Harlow and across Hertfordshire. As a charity, we rely on the support of the public.

There are so many ways you can help Team Boshanks support us. Sign up for the ride, come to one of their fundraising events, promote Velo YCT, and don't forget to dig deep and sponsor them as they try to reach their HUGE fundraising target! Keep checking back for more details of events!

## **CLICK HERE TO SPONSOR THEM**

